

TajViajes

South India Wellness Tour

Wellness, nature, temples, and calm

Suggested 8-13 days

Trip overview

A serene South India journey with Ayurveda, tropical landscapes, temples, backwaters, and wellness experiences.

Detailed itinerary

Day 1: Arrival in Kochi

Welcome to Kerala and walk through the historic areas of Fort Kochi.

Day 2: Culture and coast

Local art, synagogues, old churches, and coastal life.

Day 3: Munnar

Tea landscapes, green mountains, and nature experience.

Day 4: Ayurveda wellness

Time for treatments, rest, and wellness practices.

Day 5: Backwaters

Peaceful experience in Alleppey or Kumarakom among canals and nature.

Day 6: South Indian temples

Explore temples and spiritual traditions of South India.

Day 7: Relaxed closing

Flexible day for rest, light shopping, or final connection.

Highlights

- Kochi
- Munnar
- Alleppey
- Madurai
- Mysuru
- Ayurveda and nature

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